NEW YORK

Ranking: New York is 18th this year; it was 20th in 2011.

Highlights:
• New York has one of the lowest obesity rates in the U.S. at 24.5 percent of the adult population; however, more than 3.7 million adults are obese in the state.
• Although high school graduation rates remain a challenge for the state, the percentage of incoming ninth graders who graduate in 4 years increased in the past 5 years from 60.9 percent to 73.5 percent.
• In the past 5 years, air pollution decreased from 11.8 to 9.2 micrograms of fine particulate per cubic meter.
• Five years ago, the geographic disparity within the state was 7.5; this year it is 9.8, indicating that health now varies more widely among counties within the state.
• In the past 10 years, the rate of uninsured population decreased from 15.5 percent to 13.6 percent.

Health Disparities:
In New York, obesity is more prevalent among non-Hispanic blacks at 32.2 percent than non-Hispanic whites at 23.8 percent.

State Health Department Website: www.health.state.ny.us

The 2012 data in the above graphs are not directly comparable to prior years. See Methodology for additional information.
New York

RANK: 18

SEDENTARY LIFESTYLE

26.3% or about

1 in 4 adults in New York
are physically inactive

compared to 26.2% nationally

DIABETES

1 in 10 people in New York have diabetes

compared to 1 in 11 nationally

SMOKING

18.1%
of people in New York smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

OBESITY

24.5%
of adults in New York
are obese compared to
27.8% nationally
California

RANK: 22  no change  2011 Rank: 22  Unchanged

SEDENTARY LIFESTYLE
19.1% or about
1 in 5 adults in California are physically inactive
compared to 26.2% nationally

DIABETES
1 in 11 people in California have diabetes
compared to 1 in 11 nationally

HIGH SCHOOL GRADUATION
71.0%
of students in California graduate within 4 years
compared to 75.5% nationally

SMOKING
13.7%
of people in California smoke
compared to 21.2% nationally
Healthy People 2020 Goal: 12%

OBESITY
23.8%
of adults in California are obese compared to 27.6% nationally
Connecticut

RANK: 6  \(\downarrow\) Declined: 2

1 in 4 adults in Connecticut are physically inactive

compared to 26.2% nationally

1 in 11 people in Connecticut have diabetes

compared to 1 in 11 nationally

75.4% of students in Connecticut graduate within 4 years

compared to 73.5% nationally

17.1% of people in Connecticut smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

24.5% of adults in Connecticut are obese compared to

27.8% nationally
Florida

RANK: 34  
2011 Rank: 34  Unchanged

SEDENTARY LIFESTYLE
26.0% or about 1 in 4 adults in Florida are physically inactive compared to 26.2% nationally

DIABETES
1 in 10 people in Florida have diabetes compared to 1 in 11 nationally

HIGH SCHOOL GRADUATION
68.9% of students in Florida graduate within 4 years compared to 75.5% nationally

SMOKING
19.3% of people in Florida smoke compared to 21.2% nationally
Healthy People 2020 Goal: 12%

OBESITY
26.6% of adults in Florida are obese compared to 27.6% nationally
Texas
RANK: 40
Better than 2011
2011 Rank: 42
Improved: 2

SEDENTARY LIFESTYLE
27.2% or about 1 in 4 adults in Texas are physically inactive
compared to 26.2% nationally

DIABETES
1 in 10 people in Texas have diabetes
compared to 1 in 11 nationally

HIGH SCHOOL GRADUATION
75.4%
of students in Texas graduate within 4 years
compared to 75.5% nationally

SMOKING
19.2%
of people in Texas smoke
compared to 21.2% nationally
Healthy People 2020 Goal: 12%

OBESITY
30.4%
of adults in Texas are obese compared to 27.6% nationally